

Nirvana Shatkam

Composed by the great sage Sri Adi Shankaracharya Ji, Nirvana Shatkam wholly defines the pure essence of Advaita Vedanta within six succinct stanzas. It is the shloka of enlightenment. Don't merely read the words, meditate upon them to realize their deep meaning. Remember who you are.

Transliteration	Translation
Mano budhyahankara chithaa ninaham, Na cha srothra jihwe na cha graana nethrer, Na cha vyoma bhoomir na thejo na vayu, Chidananda Roopa Shivoham, Shivoham	<i>Neither am I mind, nor intelligence, Nor ego, nor thought, Nor am I ears or the tongue or the nose or the eyes, Nor am I earth or sky or air or the light, I am Shiva, I am Shiva, of nature knowledge and bliss</i>
Na cha praana sangno na vai pancha vaayuh, Na vaa saptha dhathur na va pancha kosa, Na vak pani padam na chopastha payu, Chidananda Roopa Shivoham, Shivoham	<i>Neither am I the movement due to life, Nor am I the five airs, nor am I the seven elements, Nor am I the five internal organs, Nor am I voice or hands or feet or other organs, I am Shiva, I am Shiva, of nature knowledge and bliss</i>
Na me dwesha raghou na me lobha mohou, Madho naiva me naiva matsarya bhava, Na dharmo na cha artha na kamo na moksha, Chidananda Roopa Shivoham, Shivoham	<i>I never do have enmity or friendship, Neither do I have vigour nor feeling of competition, Neither do I have assets, or money or passion or salvation, I am Shiva, I am Shiva, of nature knowledge and bliss</i>
Na punyam na paapam na soukhyam na dukham, Na manthro na theertham na veda na yagna, Aham bhojanam naiva bhojyam na bhoktha, Chidananda Roopa Shivoham, Shivoham	<i>Never do I have good deeds or sins or pleasure or sorrow, Neither do I have holy chants or holy water or holy books or fire sacrifice, I am neither food or the consumer who consumes food, I am Shiva, I am Shiva, of nature knowledge and bliss</i>
Na mruthyur na sankha na me jathi bheda, Pitha naiva me naiva matha na janma, Na bhandhur na mithram gurur naiva sishyah, Chidananda Roopa Shivoham, Shivoham	<i>I do not have death or doubts or distinction of caste, I do not have either father or mother or even birth, And I do not have relations or friends or teacher or students, I am Shiva, I am Shiva, of nature knowledge and bliss</i>
Aham nirvi kalpo nirakara roopo, Vibhuthwascha sarvathra sarvendriyanaam, sada me samatvam naiva mukthir na meyah Chidananda Roopa Shivoham, Shivoham	<i>I am one without doubts, I am without form, Due to knowledge I do not have any relation with my organs, And I am always redeemed, I am Shiva, I am Shiva, of nature knowledge and bliss</i>